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PBIS Topic of the Month:

PERSEVERANCE

Question: Ask your children if they *keep trying* even when things get hard?



PBIS Lessons: Grades K & 1



During the K & 1st grade PBIS lessons, we read the book, ***Giraffes Can't Dance*** by Giles Andrede & Guy Parker-Rees. The story helps students recognize the power of using the word YET after "I can't do it..." YET.

PBIS Lessons: Grades 2 & 3



During the 2nd & 3rd grade PBIS lessons, we read the book, ***The Most Magnificent Thing*** by Ashley Spires. The story helps students recognize that persevering through hard times and trying things in different ways helps them develop a growth mindset. We culminated the activity by completing a **Growth Mindset** worksheet.

PBIS Lessons: Grades 4 & 5



During the 4th & 5th grade PBIS lessons, we completed a **Growth Mindset** worksheet and did an "explosion of emotions" activity. The activity helps students recognize that when we bottle in our emotions, they eventually explode.

NEXT MONTH: EMPATHY