



Becky Charsky

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**PBIS Topic of the Month:**

**EMPATHY**

Question: Ask your children if they have the ability to understand the feelings of others?



RANDOM ACTS OF KINDNESS wreath – these compliment cards are being given out in our building this month.

**PBIS Lessons: Grades K - 3**



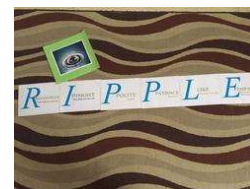
During the K – 3<sup>rd</sup> grade PBIS lessons, we read the book, *Each Kindness* by Jacqueline Woodson. This book teaches a valuable lesson about how even small acts of kindness can change the world and cause a ripple of

kindness. The characters portray a lost opportunity to show kindness to a new student. After the book, I filled a bin with water and tossed various objects into the bin. Each object, regardless of its size, caused a ripple in the water. Students recognized that even small acts of kindness cause a ripple.

**PBIS Lessons: Grades 4 - 5**



During the 4<sup>th</sup> – 5<sup>th</sup> grade PBIS lessons, we spoke about the ripple effect of kindness. We completed a *Caring Hand Activity*. Students were asked to write kind, caring words on the paper fingers of their classmates. We read our caring hands aloud and gave ourselves a good “pat on the back”.



**NEXT MONTH: ACCEPTANCE OF ALL!**