

JANUARY 2018

ELEMENTARY BREAKFAST MENU

MONDAY

NO SCHOOL

1

*Happy
New Year*

CHOICE OF CEREAL

8

GRAHAM
CRACKERS
WITH
FRUIT
JUICE
MILK

NO SCHOOL

15



CHOICE OF CEREAL

22

GRAHAM
CRACKERS
WITH
FRUIT
JUICE
MILK

CHOICE OF CEREAL

29

GRAHAM
CRACKERS
WITH
FRUIT
JUICE
MILK

TUESDAY

NO SCHOOL

2

BAGEL BARS

9

SUNFLOWER
SEEDS
WITH
FRUIT
JUICE
MILK

CHOICE OF CEREAL

16

GRAHAM
CRACKERS
WITH
FRUIT
JUICE
MILK

BAGEL

23

SUNFLOWER
SEEDS
WITH
FRUIT
JUICE
MILK

BREAKFAST

30

COOKIE
SUNFLOWER
SEEDS WITH
FRUIT
JUICE
MILK

WEDNESDAY

POP TART

3

SUNFLOWER
SEEDS
WITH
FRUIT
JUICE
MILK

NEW: BREAKFAST

10

BURRITO
GRAHAM
CRACKERS WITH
FRUIT
JUICE
MILK

NEW: CHOBANI

17

YOGURT
MUFFIN
WITH
FRUIT
JUICE
MILK

NEW:

24

EGG OMELET &
HASH BROWNS
GRAHAM CRACKERS
WITH
FRUIT
JUICE
MILK

PANCAKE

31

ON A STICK
SUNFLOWER SEEDS
WITH
FRUIT
JUICE
MILK

THURSDAY

NEW: NUTRITION

4

BAR
CHEESE STICK
FRUIT
WITH
JUICE
MILK

NEW:

11

EGG OMELET &
SAUSAGE LINKS
GRAHAM CRACKERS
WITH
FRUIT
JUICE
MILK

PANCAKE

18

ON A STICK
SUNFLOWER SEEDS
WITH
FRUIT
JUICE
MILK

CHOICE OF CEREAL

25

GRAHAM
CRACKERS
WITH
FRUIT
JUICE
MILK

FRIDAY

CHOICE OF CEREAL

5

GRAHAM
CRACKERS
WITH
FRUIT
JUICE
MILK

CHOICE OF CEREAL

12

OR CEREAL BAR
GRAHAM
CRACKERS
WITH
FRUIT
JUICE
MILK

CHOICE OF CEREAL

OR

CEREAL BAR
GRAHAM
CRACKERS
WITH
FRUIT
JUICE
MILK

NO SCHOOL

26

SUPERINTENDENT'S
CONFERENCE DAY

STAFF ONLY

When you have something for breakfast, you're not going to be starving by lunch.

Breads are whole grain, wheat or whole grain white

100% JUICE - Flavors are Apple, Orange, Grape, Fruit Punch

MILK: 1%, SKIM

COME AND JOIN US FOR BREAKFAST

Menu subject to change depending on availability of food product.

USDA is an equal opportunity provider and employer.

DID YOU KNOW...

JANUARY IS NAMED AFTER THE ROMAN GOD JANUS, WHO WAS ALWAYS SHOWN AS HAVING TWO HEADS. HE LOOKED BACK TO THE LAST YEAR AND FORWARD TO THE NEW ONE.